

TRIP SUMMARY / OBJECTIVES

Description of the walk

WALK SCHEDULE

Day	Date	Miles	Ascent	% Gradient	Time	Accommodation	Notes
						Place, type etc	
Totals							

TRAVEL TO/FROM THE WALK						
Travel	Depart	From	To	Arrive	Mode	Notes
Out	Time	Station	Station	Time	Train / Bus etc	Seat reservation
Return						

ACCOMMODATION				
Day	Type	Details	Facilities	To Pay
	B&B, Hostel, camp etc	Address, room type, check-in time etc.		
W(ifi), D(rying room), M(eals)				

BUDGET						
Item	#	@	Amount	Paid	To Pay	Notes
Train						
Tube						
Bus						
Ferries / Other						
Taxi						
B&Bs						
Hostels						
Campsites						
Meals on journey						
Evening meals						
Lunches / provisions						
Postage / booking fees						
Gear						
Contingency fund						

PRE-TRIP CHECKLIST			
<input type="checkbox"/> Buy train tickets	<input type="checkbox"/> Re-supply plan	<input type="checkbox"/> Shopping list	<input type="checkbox"/> Chg camera + batt
<input type="checkbox"/> Collect train tickets	<input type="checkbox"/> Cashpoint plan	<input type="checkbox"/> Shopping done	<input type="checkbox"/> Chg GPS watch
<input type="checkbox"/> Accommodation	<input type="checkbox"/> Hill list	<input type="checkbox"/> Re-proofing	<input type="checkbox"/> Chg powermonkey
<input type="checkbox"/> Bus times	<input type="checkbox"/> Maps printed	<input type="checkbox"/> Boot cleaning	<input type="checkbox"/> Chg Kindle
<input type="checkbox"/> Town plans	<input type="checkbox"/> Maps on Anquet app	<input type="checkbox"/> Gear check	<input type="checkbox"/> Chg phone
<input type="checkbox"/> Route plans	<input type="checkbox"/> Routes on Anquet app	<input type="checkbox"/> Fuel / matches	<input type="checkbox"/> Spare GPS batteries
<input type="checkbox"/> Emerg. contacts	<input type="checkbox"/> Weather forecast	<input type="checkbox"/> Meal plan	<input type="checkbox"/> Get cash
<input type="checkbox"/> Google Calendar	<input type="checkbox"/> Gear plan	<input type="checkbox"/> Meals prepared	<input type="checkbox"/> Fill Flask / food out of fridge

GEAR LIST			
Shelter	Supplies	Clothes	Electronics
<input type="checkbox"/> Tent	<input type="checkbox"/> Meals	<input type="checkbox"/> Underwear	<input type="checkbox"/> Powermonkey
<input type="checkbox"/> Groundsheet	<input type="checkbox"/> Soup	<input type="checkbox"/> Socks	<input type="checkbox"/> GPS watch
<input type="checkbox"/> Storm Shelter	<input type="checkbox"/> Desserts	<input type="checkbox"/> Base layers	<input type="checkbox"/> Camera + batt + tripod
<input type="checkbox"/> Tent repair	<input type="checkbox"/> Chocolate	<input type="checkbox"/> Walking trousers	<input type="checkbox"/> Phone + batt
<input type="checkbox"/> Tent pegs	<input type="checkbox"/> Tea / Coffee	<input type="checkbox"/> Over trousers	<input type="checkbox"/> Earphones
<input type="checkbox"/>	<input type="checkbox"/> Hot Choc	<input type="checkbox"/> Skinz	<input type="checkbox"/> 3 x AAA / 2 x AA
Sleeping	<input type="checkbox"/> Cereal Bars	<input type="checkbox"/> Shorts	<input type="checkbox"/> Kindle
<input type="checkbox"/> Sleeping bag	<input type="checkbox"/> Breakfasts	<input type="checkbox"/> Evening trousers	<input type="checkbox"/> GPS
<input type="checkbox"/> Sleep mat	<input type="checkbox"/> Fruit	<input type="checkbox"/> Softshell jacket	<input type="checkbox"/> Weather meter
<input type="checkbox"/> Sleeping bag liner	<input type="checkbox"/> Jelly Babies	<input type="checkbox"/> windshirt	<input type="checkbox"/> MP3 player
<input type="checkbox"/> Sleeping clothes	<input type="checkbox"/> Salt / Pepper	<input type="checkbox"/> Walk shirt	Other
Cooking	Hygiene	<input type="checkbox"/> Evening shirt	<input type="checkbox"/> Maps + case
<input type="checkbox"/> Stove	<input type="checkbox"/> Towel	<input type="checkbox"/> Down jacket	<input type="checkbox"/> Compass
<input type="checkbox"/> Fuel	<input type="checkbox"/> Deodorant	<input type="checkbox"/> Waterproof jacket	<input type="checkbox"/> Confirms / Travel doc
<input type="checkbox"/> Matches / lighter	<input type="checkbox"/> Wipes	<input type="checkbox"/>	<input type="checkbox"/> Pen + pencil
<input type="checkbox"/> Pots	<input type="checkbox"/> Toothbrush	<input type="checkbox"/> Gaitors	<input type="checkbox"/> Art stuff
<input type="checkbox"/> Mug	<input type="checkbox"/> Toothpaste	<input type="checkbox"/> Hat(s)	<input type="checkbox"/> Headtorch
<input type="checkbox"/> Cutlery / spork	<input type="checkbox"/> Bog roll	<input type="checkbox"/> Bandanas	<input type="checkbox"/> Whistle
<input type="checkbox"/> Bladder	<input type="checkbox"/> Trowel	<input type="checkbox"/> Gloves	<input type="checkbox"/> Spare laces / boot care
<input type="checkbox"/> Travel Tap	<input type="checkbox"/> Tissues	<input type="checkbox"/> Belts	<input type="checkbox"/> Multitool
<input type="checkbox"/> Platypus bottle	<input type="checkbox"/> Dry wash	<input type="checkbox"/> Flip flops / camp shoes	<input type="checkbox"/> Tape / Peg / karabiner
<input type="checkbox"/> Cloth	<input type="checkbox"/> Shampoo	<input type="checkbox"/> Evening shoes	<input type="checkbox"/> Glasses / sunglasses
<input type="checkbox"/> Pot cosy	<input type="checkbox"/> Sponge	<input type="checkbox"/>	<input type="checkbox"/> Tickets / Oyster card
<input type="checkbox"/> Flask	<input type="checkbox"/> Shower gel	<input type="checkbox"/> Wallet + keys	<input type="checkbox"/> Cards – YHA / Ramblers / Bite / NT / Coffee / Nectar / Tesco / Cotswold / ID
<input type="checkbox"/> Washing up	<input type="checkbox"/> Sunscreen etc	<input type="checkbox"/> Daysack ?	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Plastic bags	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Trekking poles	

Outline Map

Use this space to insert a diagram or high level map of the route if desired

[illegible]

